



CLUB NEWS LETTER

November 8, 2000

Welcome to AMBUCS where we are dedicated to creating opportunities for independence for people with disabilities, especially children.
news@ambucs-dnv.com
P.O. Box 266 Danville, IL 61832

Pledge: Diane Kirk
Prayer: Dee Douglas

Guests: Tonya Johnson Blodgett, Home Show Coordinator, Woodlawn Advertising and Promotion.

Ron Serfoss

Chittick Family Eyecare

November is National Diabetes Awareness Month. Diabetes is a condition that occurs when the body does not produce enough, or does not respond to the insulin in the body to convert glucose (sugar) in the blood to energy. There are three major side effects that are related to diabetes, including problems with Kidneys, Feet and Eyes. The problems diabetes can cause with the eyes can cause blindness if left unchecked and untreated. The two best ways to protect your eyesight if you have diabetes is to keep your blood sugar regulated, and to get a "dilated" eye exam annually.

It has been proven that better control of the glucose levels in the blood can reduce incidents of Diabetic Retinopathy by as much as 50%. Early detection of Diabetic Retinopathy can also help slow or stop its progression through laser treatments. This is why yearly dilated eye exams are so important. Left unchecked and untreated, Diabetic Retinopathy may produce no noticeable symptoms until it is too late. Once it has progressed to a certain point, nothing can be done to retrieve lost eyesight. If you are a diabetic, or know someone who is, please stress the importance of yearly eye exams.

Playground News

We have \$252,000 in total committed to the playground. About \$50-\$75k more is needed.

The Playground committee is offering positions to anyone who wants to help. There is a need for several sub committees, and people to head them and serve on them. One of the most important committees at this time is the one that will be selecting the manufacturer of the playground equipment. This task will take about 10-15 hours per committee member over the next few months as we choose and order the equipment.

Other important sub committees include a landscaping committee, headed up by Bodacious Bodensteiner. The park will be an Arbortorium, or a place where kids can learn about different types of trees and plants. There is also a need for a financial committee, and a detail type committee, that would oversee things like what type of garbage cans and stuff the park will have.

Century Club

Anyone interested in participating in the Playground for Everyone Century Club can pledge \$100 to be billed monthly through dues or quarterly if a non-member.

Upcoming Events

The annual Wal Mart shopping trip for Christmas presents will be on December 3rd. Our wrapping part will be December 6th. The Christmas parties will be on December 9th, with the children's portion at 9am and the adult party at 2pm.

Night of Lights

Our involvement in the Night of Lights Parade has been canceled due to lack of a flatbed and lack of interest. Thanks to Linda Murphy for her efforts.

Awards

Young Bill received two hearts from National for having the first two new members in October. Fall Regional convention left us with several awards for the new banner, including Ambuc of The Year (Bob Richard), Best Class One Bulletin, Best Home Page, Project Manager of the Year. A new banner has been ordered as the other ones are full. Anyone who has blue banner patches that need to be "banner-ized" please give them to Jeff. He'll carefully sew them on by hand with love.

Congratulations to Pat Kuchefski! She was nominated and elected the new Regional Big Hat Director at the Fall Regional Convention. The new Regional Director is Suzy Jackson. Next year's Fall Regional Convention will be November 9-11th 2001, at Jumer's Castle Lodge in Bloomington Illinois, hosted by the Cornbelt Ambucs.

Homeshow

To increase exposure of the stage, and give us more boothspace, the stage will be moved this year to the center of the arena, with seats surrounding it. Vendors have the option of presenting a "How To" on the stage this year. The food court will be moved to the upper level, and include tables and chairs. A sponsorship of the food court is available. A handfull of booths are already paid for in full, and the stage is set to be sponsored again this year by Old National Bank. If you know anyone interested in having a booth at the home show this year, they can call Tonya at 431-3729.



Meetings - Wednesdays at Noon - Days Inn

Newsletter Editor
Carol Wade - carolw@soltec.net

Creating Independence for Persons with Disabilities